

Introducing The Leapsier

Unlocks Full Potential

With a growth mindset, unwavering determination, and a hunger for continuous learning, Leapsters are driven to achieve their goals and unlock their full potential.

02

Creates a Living Legacy Plan

They embrace change, adapt with resilience, and make informed decisions that align with their values and aspirations.

03

Makes an Impact

Individuals who successfully complete a transformative **Take the Leap! Program.**

01

04

Amplifies Collective Success

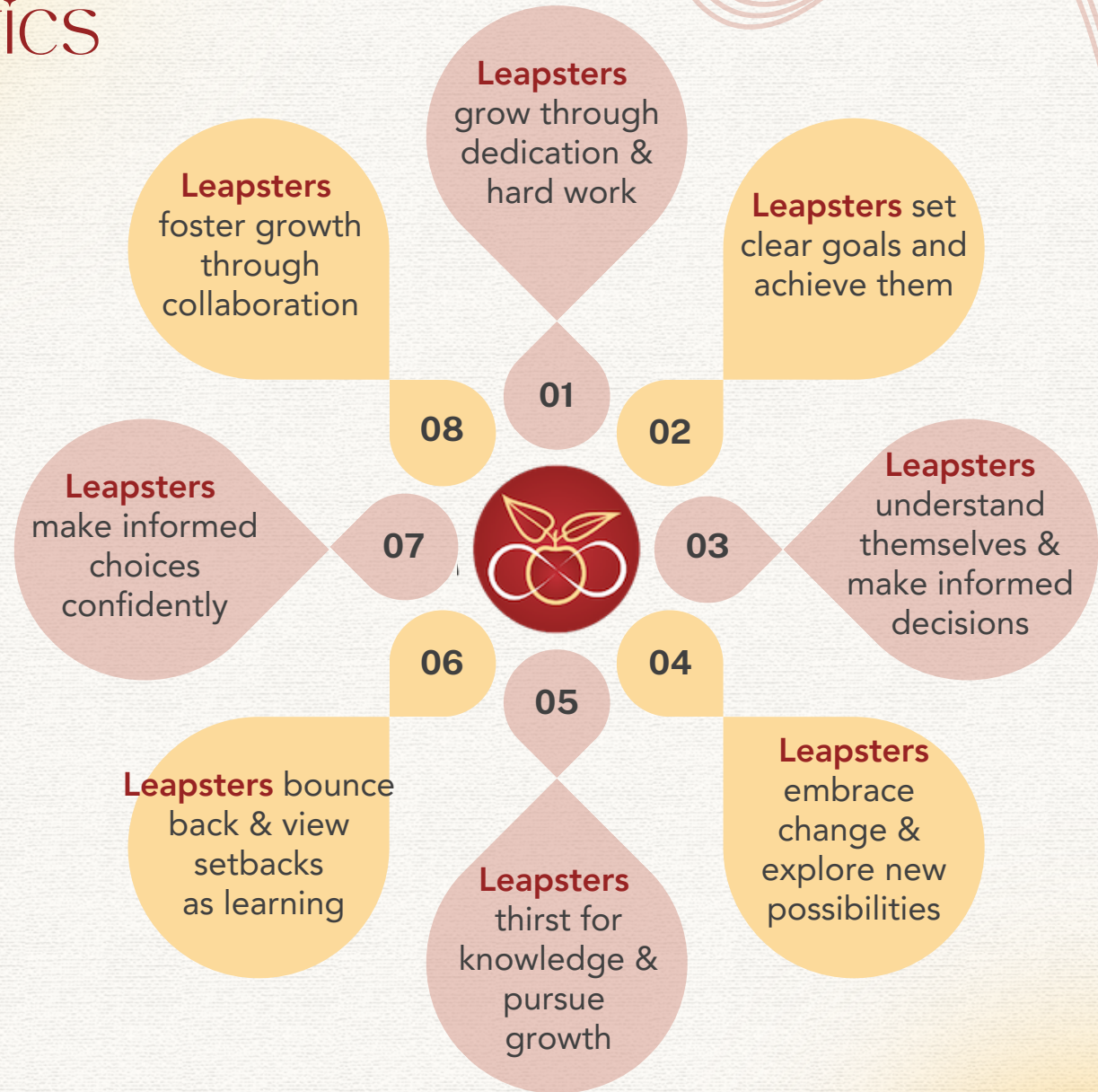
Leapsters thrive in supportive communities, where they collaborate, inspire, and amplify their collective success.

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8 Characteristics of Leapsters

Leapsters are driven, ambitious, and committed to continuous growth and improvement.

They are equipped with valuable skills, tools, and a mindset that empowers them to navigate challenges, embrace change, and make significant leaps forward in their lives.



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The Leapsier is Self-Aware.

Leapsters have a deep understanding of themselves, including their strengths, weaknesses, values, and passions.

They leverage this self-awareness to make informed decisions, align their actions with their values, and pursue paths that bring them fulfillment and happiness.

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RAFAEL SANTANA

Post-graduated in Speech & Language Disorders
Master's Student in Rehabilitation Science
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LIVING LEGACY

To be a constant source of encouragement & growth for others, especially people with disabilities. I aspire to inspire individuals to embrace their unique strengths, overcome challenges, and lead lives filled with purpose & achievement.



PURPOSE

Contributing to a better tomorrow by fostering growth, empathy, and positive change.



GUIDING PRINCIPLE

Be present, grateful, and enjoy the small things in life.



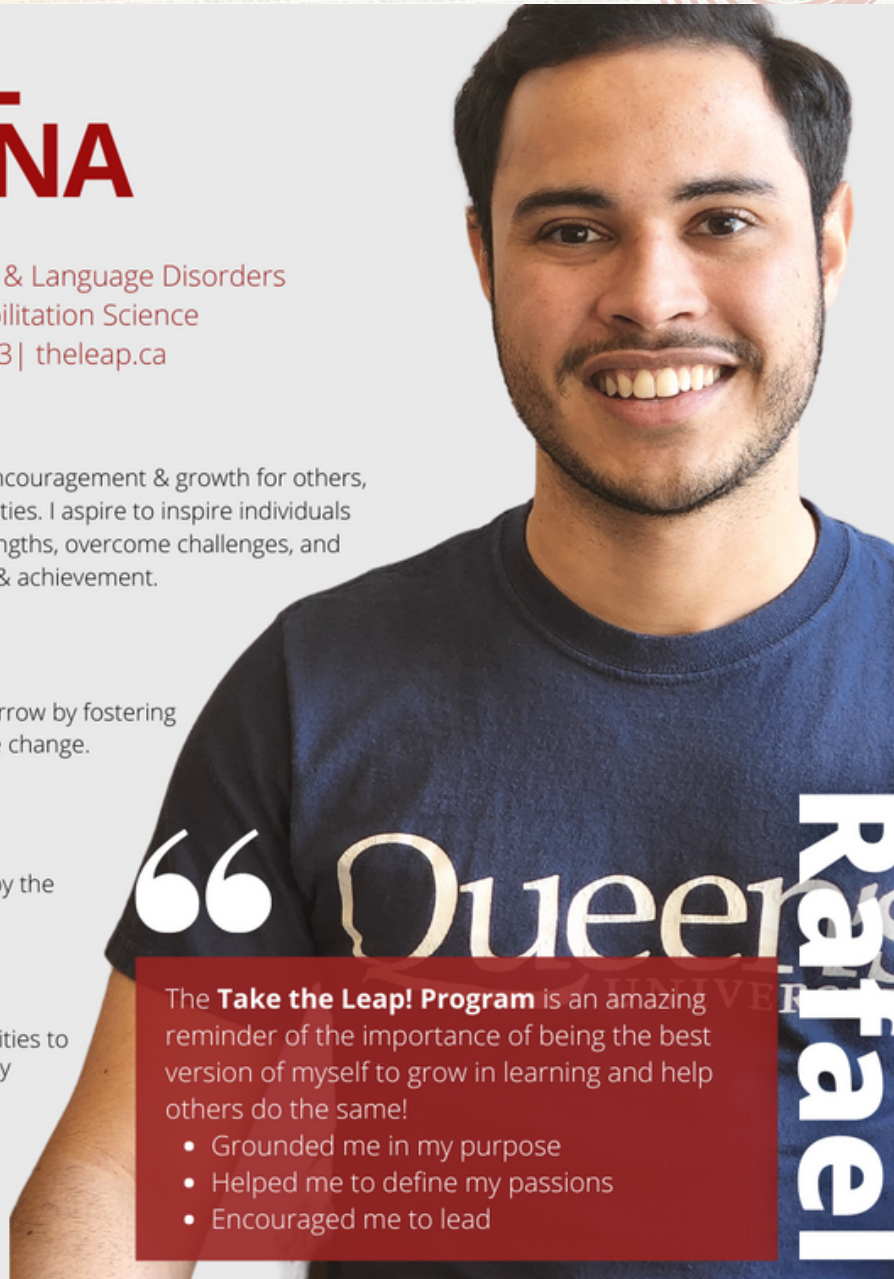
PASSION

Empower people with disabilities to conquer their space in society



CHARACTER STRENGTHS

Spirituality, Gratitude and Teamwork



“Queer Rafael”

The **Take the Leap! Program** is an amazing reminder of the importance of being the best version of myself to grow in learning and help others do the same!

- Grounded me in my purpose
- Helped me to define my passions
- Encouraged me to lead

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The Leapsier is an Empowered Decision-Maker.

Leapsters make informed decisions based on their values, priorities, and long-term vision.

They trust their judgment, consider multiple perspectives, and take calculated risks when necessary.

They are confident in their abilities to navigate uncertainties and make choices that align with their aspirations.

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OZLEM ATAR

Intercultural Communication Practitioner (PhD)
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LIVING LEGACY

To assist adult and young adult learners with diverse language and cultural backgrounds in achieving their academic goals at university through knowledge and skills sharing.

PURPOSE

To remain inquisitive and supportive; to help others be curious and enthusiastic about learning.

GUIDING PRINCIPLES

Presenting myself in a genuine way; taking responsibility for my actions; working hard.

PASSION

Sharing knowledge and skills in inclusive communities within and outside the classroom.

CHARACTER STRENGTHS

Honesty, Kindness, Love of Learning



“Ozlem

I met and heard from others who are going through their unique journeys. I noticed some common areas to develop.

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The Leapsier has a Growth Mindset.

Leapsters possess a growth mindset, believing that their abilities and intelligence can be developed through dedication and hard work.

They approach challenges as opportunities for growth and are open to learning from their experiences

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VERA RALIN

Speech Pathology
Postdoctoral Fellow on Rehabilitation Science
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LIVING LEGACY

I firmly believe that even within a small community, our collective efforts can yield significant transformations. My goal is to contribute to building a society where everyone is treated fairly and with dignity. Together, we can make a lasting impact, one step at a time.

PURPOSE

By embodying resiliency, love, ethics, and respect, I intend to inspire and uplift those around me, instilling a sense of purpose and possibility.

GUIDING PRINCIPLE

Be grateful.

PASSION

Respect and equality of opportunities to people with disabilities.

CHARACTER STRENGTHS

Gratitude, Joy, Love



The most important thing I've learning so far from my **Take the Leap!** experience is to stop and think about myself.

Vera

The Leapsier is Adaptable.

Leapsters are adaptable and embrace change.

They understand that life is a series of unpredictable events and are equipped with the skills to adjust their plans and strategies when necessary.

They see change as an opportunity for growth and are open to exploring new possibilities.

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VIVIAN YEJIDE KILANKO

Storyteller and Health Equity Champion
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LIVING LEGACY

To live and contribute within my communities while conducting ethical narrative research with authenticity and integrity.

PURPOSE

An authentic storyteller and researcher who explores solutions and establishes meaningful connections in a fragmenting world.

GUIDING PRINCIPLE

Self-determination is essential for holistic well-being.

PASSION

Making meaning of my world and fostering connections through storytelling.

CHARACTER STRENGTHS

Kindness, Spirituality, Love of Learning

The **Take the Leap!** Program provided clarity and an opportunity to slow down.



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The Leapsier is Resilient.

Leapsters have developed resilience through their experiences in the "Take the Leap!" Program.

They bounce back from setbacks, persevere in the face of challenges, and maintain a positive attitude even during difficult times.

They view failures as valuable learning opportunities and use them as stepping stones to success.

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HANNAH FLOSTRAND

Career Educator & Aspiring Immigration Consultant
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LIVING LEGACY

Make space to amplify others' voices and stories so they shine brighter, are seen and heard.

PURPOSE

Supporting folks to get from good to great.

GUIDING PRINCIPLE

Time spent learning is never a waste.

PASSION

Seeking lifelong opportunities to grow and learn.

CHARACTER STRENGTHS

Love, Humour, Love of Learning

Prioritizing my reflection over the last few weeks strengthened my resolve that I'm on the right path, that I am living aligned with my values and authentic self, and that I'm not on autopilot.

Hannah

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The Leapsier is a Community Builder.

Leapsters understand the importance of surrounding themselves with like-minded individuals who support and inspire them.

They actively seek out and contribute to communities that foster growth, provide accountability, and offer opportunities for collaboration and mentorship.

They believe in the power of collaboration and leverage the strengths of others to achieve collective success.

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ELHAM YOUSEFINEJAD

Social Scientist

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LIVING LEGACY

Raising awareness about climate vulnerability and promoting environmental justice.

PURPOSE

Advocating for policy change to promote equal distribution of resources. This is the key route for addressing social and environmental injustices.

GUIDING PRINCIPLES

Be a person of discipline, value and character. Don't leave the pleasure for the end.

PASSION

Growing myself into the best of myself, to make positive impact on the world.

CHARACTER STRENGTHS

Love of Learning, Curiosity, Social intelligence



Elham

The **Take the Leap! Program** helped me to create an Action Plan for my life with clear goals and steps to achieve them.

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Become a Leapsier.

Join the ranks of Leapsters and be prepared to make remarkable leaps forward in your personal and professional life.

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